

Patient Name:

Date:

Person Completing:

INTENSIVE OUTPATIENT ADMISSION

A, B, C, and D are required for Intensive Outpatient Admission for all ED patients:

A. Co-morbid psychiatric disorders are stable enough for outpatient treatment and appropriate treatment is being provided to maintain this stability [SI 4]

NOTES:

B. Eating disorder behaviors and body weight are at levels where acute medical intervention is not needed, but without at least three (3) hours daily structured treatment at least three (3) days a week the patient is likely to regress or return to needing a higher level of care [SI 1]

NOTES:

This Guideline is effective January 1, 2011 and applies to policies issued by Anthem Blue Cross of California, Anthem Blue Cross and Blue Shield of Colorado, Anthem Blue Cross and Blue Shield of Connecticut, Blue Cross Blue Shield of Georgia, Anthem Blue Cross and Blue Shield of Indiana, Anthem Blue Cross and Blue Shield of Kentucky, Anthem Blue Cross and Blue Shield of Maine, Anthem Blue Cross and Blue Shield of Missouri, Anthem Blue Cross and Blue Shield of Nevada, Anthem Blue Cross and Blue Shield of New Hampshire, Empire Blue Cross and Blue Shield of New York, Anthem Blue Cross and Blue Shield of Ohio, Anthem Blue Cross and Blue Shield of Wisconsin.

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C. Motivation, self care skills and recognition of a need for treatment are sufficient for the patient to reduce ED behaviors and/or gain weight with OP treatment, but has not achieved progress with OP treatment at a twice weekly frequency [SI 2]

NOTES:

D. Patient has adequate support in their living environment and access to this level of care [SI 3]

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