

Patient Name:

Date:

Person Completing:

RESIDENTIAL TREATMENT CONTINUED STAY

A, B, C, and D are required for Residential Treatment Continued Stay for all ED patients :

A. Co-morbid psychiatric disorders are controlled or stable enough for the primary focus of treatment to be the eating disorders [SI 2]

NOTES:

B. Significant functional disruption from usual/baseline status in at least two domains (school/work, family, activities, ADL's) related to the eating disorder [SI 4]

NOTES:

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C. Based on past treatment history, usual level of function and co-morbid psychiatric disorders, there is a reasonable expectation that the patient will benefit from this level of care [SI 5]

NOTES:

D. Living environment and support are characterized by either significant deficits or significant conflict or problems that would undermine goals of treatment such that treatment at a lower level of care is unlikely to be successful, and this can potentially be improved with treatment [SI 6]

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Anorexic patients must meet E.

E. If weight restoration is goal [SI 1]		
YES	NO	BMI between 15 and 18 <i>or</i>
YES	NO	Between 75% and 85% of IBW <i>and</i>
YES	NO	No signs or symptoms of acute medical instability that would require daily physician evaluation

Anorexic patients must meet F or G. Bulimic patients must meet G or H.

F. Continued restricting and purging is leading to weight loss that is likely to lead to medical instability and the need for inpatient treatment despite current treatment in IOP, PHP, or 2-3 times/week OP where IOP or PHP not geographically available *plus* likelihood that RTC will result in improvement [SI 3]

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G. Patient has had multiple inpatient admissions within the past six months with a failure to stabilize with outpatient aftercare [SI 3]

NOTES:

H. Continued purging or excessive exercising is likely to cause medical instability or dehydration that would need inpatient treatment despite current treatment in IOP, PHP, or 2-3 times/week OP where IOP or PHP not geographically available [SI 3]

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All patients must meet I and J.

I. If low bodyweight is a reason for admission: [CS 1]		
YES	NO	Target weight for safe treatment on an outpatient basis is listed; <i>and</i>
YES	NO	Weight gain of 1-2 pounds per week is documented.

J. Progress toward treatment goals is documented as shown by: [CS 2]		
YES	NO	Adherence to treatment recommendations: If low body weight was a reason for admission, weight gain and acceptance of a recommended dietary caloric intake; <i>or</i>
YES	NO	If bulimic, increased control of bingeing and purging or non-purging bulimic symptoms.

NOTES:

YES	NO	Documented motivation of the patient and family.
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